

FIND THE DAY OF THE WEEK ON
WHICH YOU WERE BORN.
USE THE FORMULA

$$W = d + 2 * m + \left[\frac{3(m+1)}{5} \right] + y + \left[\frac{y}{4} \right] - \left[\frac{y}{100} \right] + \left[\frac{y}{400} \right] + 2$$

where

d = THE DAY OF THE MONTH OF THE GIVEN DATE

m = THE NUMBER OF THE MONTH IN THE YEAR WITH
JANUARY AND FEBRUARY REGARDED AS 13TH AND 14
MONTH OF THE PREVIOUS YEAR. THE OTHER MONTHS
ARE NUMBERED 3 TO 12 AS USUAL.

y = THE YEAR.

ONCE W IS COMPUTED, DIVIDE BY 7 AND THE REMAINDER
IS THE DAY OF THE WEEK, WITH SATURDAY = 0, AND
SUNDAY = 1, ..., FRIDAY = 6.