

Kate Packard, District Nurse 206-463-2882 ext 219
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Health Room

When a student becomes ill at school we will call the parents for advisement as appropriate. If parents are not available, we call the Emergency Contacts that are on the enrollment card. It is important that parents keep the office updated with telephone, address, or work changes so that we can contact someone promptly in case of illness or emergency.

Immunizations

Washington State law requires that school districts verify that children have had all state required immunizations before they enter school. All parents/guardians are required to fill out a Certificate of Immunization with the dates of immunizations. Parents who do not choose to immunize their children must sign the exemption on the Certificate of Immunization. For questions about what immunizations are required for school contact our school nurse or talk to your doctor.

Medications

All medications, prescription and non-prescription (including aspirin, cough drops, and over-the-counter medications), must be locked in the office and administered by the nurse or other designated staff member. The only exception is medication for life-threatening emergencies; students may carry these medications and they must have all the documentation (see below).

Parents/guardians must complete a written request identifying the medication(s) to be given and provide a written request by the physician:

- authorizing the administration of medication,
- stating the name of student, physician, medication, and dosage periods, and,
- place medication in original container

If you have questions regarding the administration of medications at school, please contact the school nurse.

Life Threatening Conditions

State law (WAC 180-38-040-065) requires that every student with a potentially life threatening condition (such as allergy, asthma, diabetes, etc) have a Health Care Plan and Physician's Orders with necessary medications in the office by the first day of school. If your child has a life threatening condition, please contact the office before the first day your child is at school.

Staying Home When Ill

These are the guidelines for keeping a child home when ill.

- Take a temperature before school if your child complains of headache, stomachache, sore throat, or appears unusually tired.
- Keep children home from school for vomiting, diarrhea, sore throat, coughing or rash with a fever or a fever alone.
- Keep children home for 24 hours after a fever has passed without the use of fever-reducing medications.

Head Lice

If you suspect your child has head lice, ask the school nurse to check him/her. If it is determined your child has head lice:

- Inform the classroom teacher.
- Ask the school nurse for information on the treatment of head lice.
- After treatment and no live lice have been found, your child may return to school.
- Go to the district website and click the Health and Safety link for useful information on the management of head lice.
- Follow all the steps and instructions you receive from the school nurse and the information from the website.